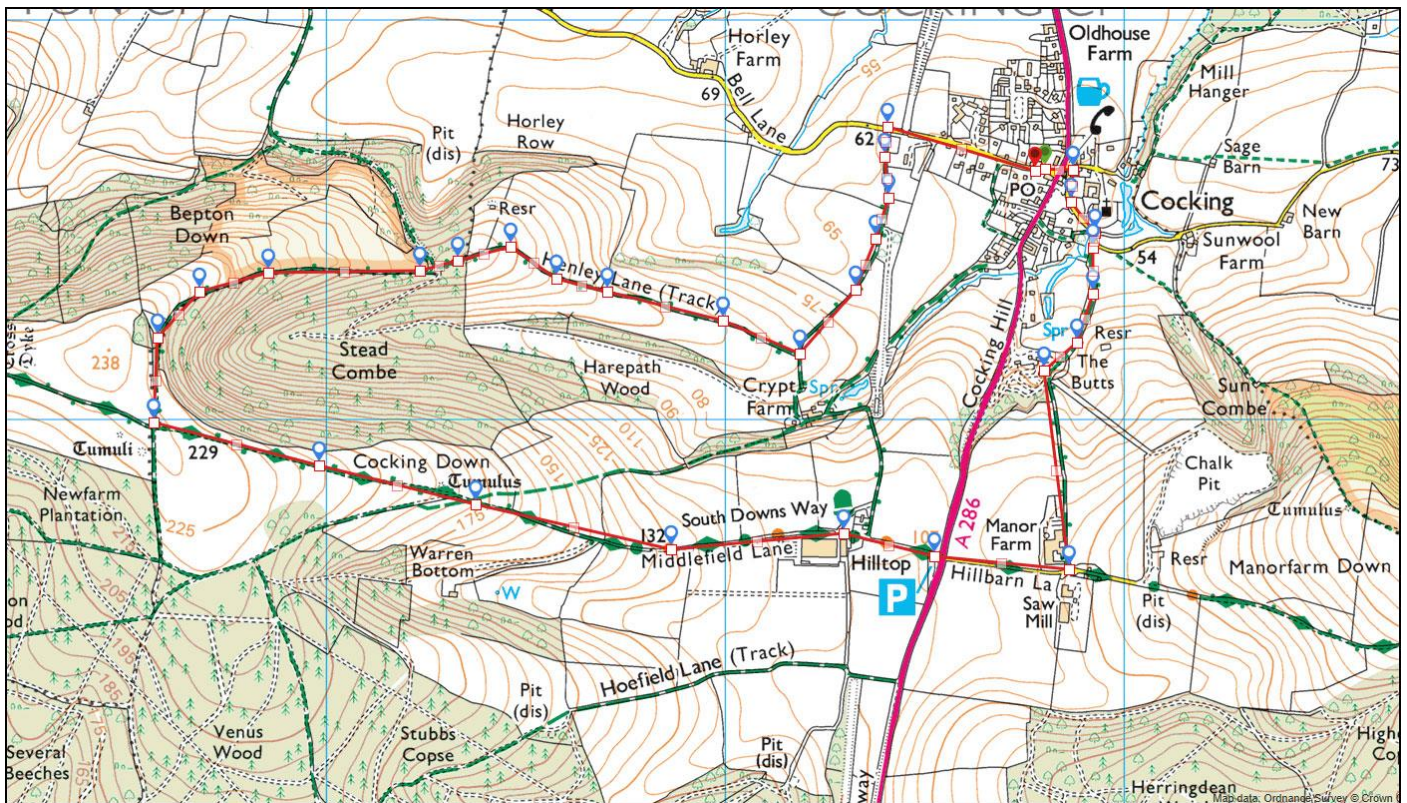


# The Blue Bell Cocking And South Downs Walk (West)

Distance: 6.4 km, Height Gain: 193 m, Duration: 1.5 – 2 hours, Map Sheets OL8 or Landranger 197.



## Description

To get to the start of the walk cross the A286 and take the minor road opposite, turning immediately right and down the hill to the war memorial and Casters Brook. Take the footpath sign posted up the hill opposite the war memorial. The route heads south, climbing steeply to reach the South Downs Way and then follows this ridge-top path west before returning down the ridge and along old farm tracks. There are beautiful views across the surrounding hills and on clear days you'll be able to see as far as Guildford to the north and the coast to the south.

The route is basically one long ascent followed by one long descent, a couple of sections being fairly steep. There are no gates or stiles to negotiate. The chalk paths on the climbs/descents can become slippery when wet and the farm tracks can be very muddy in winter and after periods of rain, so good boots are a must. You may come across sheep and cattle grazing the fenced fields adjacent to the South Downs Way so take care with dogs.