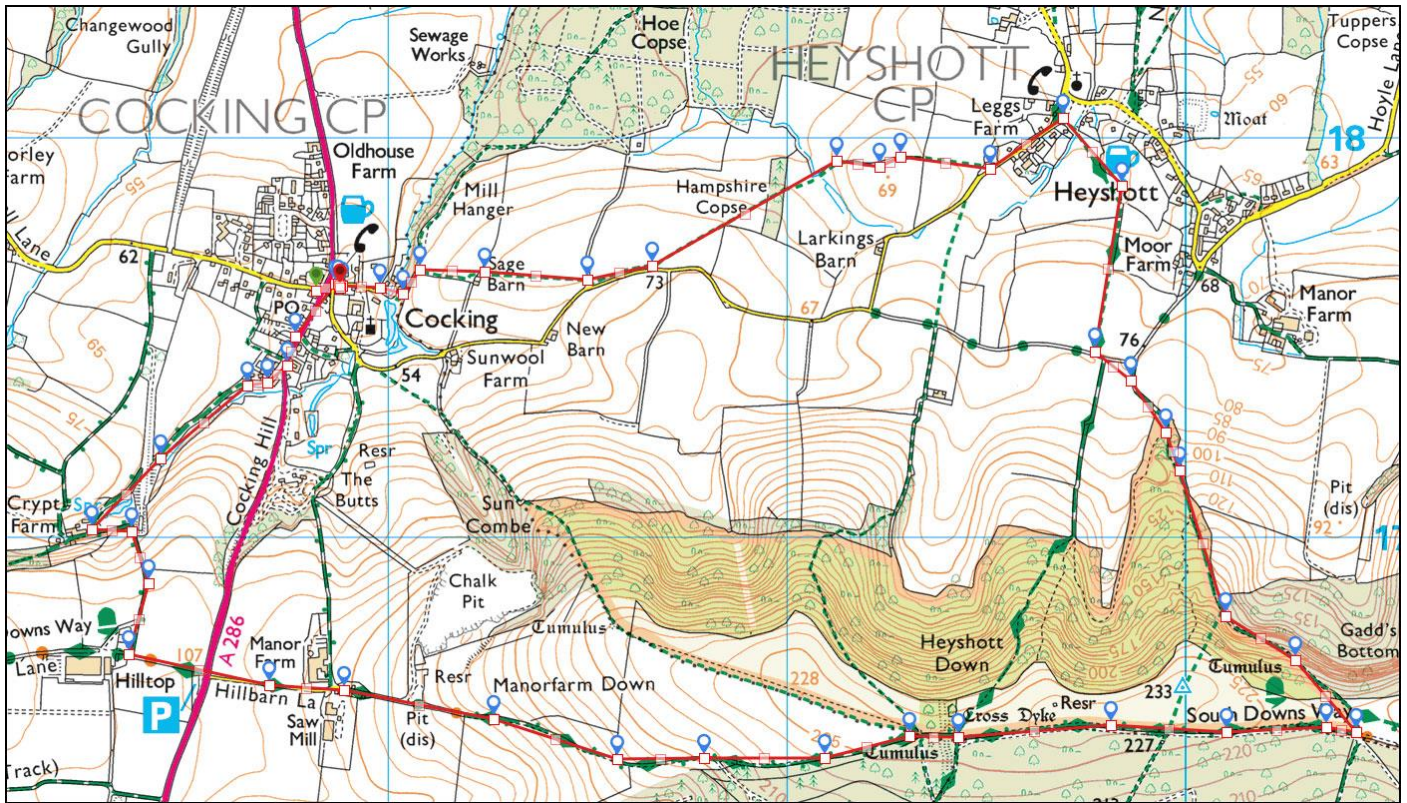


The Blue Bell Cocking, South Downs Way (East) And Heyshott

Distance: 8.3 km, Height Gain: 212 m, Duration: 2.5– 3 hours, Map Sheets OL8 or Landranger 197.



Description

Take the footpath alongside the A286 South to the edge of the village then take the lane on the right past Malthouse Cottages, just before the main road starts to climb up to the top of the Downs. Follow the lane to Crypt Farm, passing under a disused railway bridge. Once at the farm take the footpath on the left that climbs behind the garage to the South Downs Way and turn East.

Once you cross the A286 look out for the Trig Point at the top of the hill on your left and take the footpath on the left shortly after that. Once off the Downs follow the footpath to Heyshott Dyke and then across the fields back to Cocking with lovely views of the Downs to your South.